



P.E Newsletter



Dear Parents/Carers,

As always, our Beaumont children have impressed us with their P.E and sporting achievements during the last six weeks. Our half termly newsletter will provide you with an insight into what we have been up to!

Our youngest members of Beaumont, Reception, have continued to work on their Dance and Gymnastics unit. Themes have included 'Under the Sea' and 'The Jungle,' and Reception have worked hard to express their feelings through movement. Miss Brindle has been so impressed with their P.E progress this term!



Have you seen the photos of Year 1's yoga unit on Twitter? Children developed skills such as strength, flexibility and breathing techniques. Ask your child to show you one of their Wild West poses!

Miss Millington had told me all about Year 2's rainforest dance, and I was lucky enough to have a sneak preview last week! They will continue with their Dance unit next term, and I am looking forward to seeing the finished routine.

Our Key Stage 2 classes have had a real treat this half term – a coach from Lancashire Cricket Club has been teaching our fabulous cricket unit! We have really enjoyed our lessons where we have become more familiar with the rules and developed our batting technique. If your child would like to





continue working on their cricket skills out of school, and perhaps play competitively, please let us know and we can put you in touch with the right people.

This week, Year 5 had the opportunity to work with a coach from Beth Tweddle Gymnastics. They had a wonderful time using new equipment and resources, as well as learning lots of key vocabulary. We are hoping to offer an after-school Gymnastics club in the Autumn term. Watch this space...

As a reward for their wonderful effort and attitude in their P.E lessons, Saahil, Fowz, Aya and Awab of Year 5 and Year 6 took a trip to David Lloyd Fitness centre earlier this week. Here, they took part in an interactive circuit training session which looked like so much fun!

A competitive Netball fixture took place at Lostock Primary School earlier this term. Year 5 and 6 students represented Beaumont brilliantly and showcased their footwork and teamwork skills. A loss on this occasion, but we are looking to arrange a rematch in the Summer term!



The highly anticipated derby fixture between Beaumont and St. Bernard's took place last week! Hosted at Beaumont, we had lots of supporters who cheered both teams on brilliantly. Goals were scored, shots were saved, and skills were showcased. We couldn't think of a better way to spend our lunchtime than playing football in the sun!



And who says only boys can play football? In early March, our Key Stage 2 girls took part in a national initiative, 'Let Girls Play'. This campaign aims to promote girls' football and I am so pleased to say that our girls loved it! We played two matches, communicated brilliantly, and scored some fantastic goals. It was lovely to see our girls getting involved in football! Please let me know if your daughter would like to play for a local team outside of school.





Wow! Another busy half term of sport and P.E at Beaumont. Not only do our superstars work hard in school, we also show our talents in the wider community too. Your teachers and peers love seeing your trophies, medals, and certificates, so please continue to bring them in to share.

With lots of events already planned for our upcoming Summer term, we have so much to look forward to. We will have National Sports Week, Sports Day, Tennis sessions and after school clubs in the sun. I am already so excited!

Have a lovely Easter break and stay safe.

Miss Mitchell-Yorke

P.E Lead

